Sukru has been a substantive consultant psychiatrist in NHS since 1 August 2005. He took a lead role to develop Specialist Paediatric Liaison Service in Wigan Borough. The Specialist Paediatric Liaison Service was established in 2006 and won the 5BP NHS Foundation Trust "Staff Recognition Award" in 2009. He is currently a Consultant Child and Adolescent Psychiatrist in Wigan and Bolton Young People's Eating Disorder Service, Greater Manchester Mental Health NHS Foundation Trust. He holds his current clinical role since 1 July 2018.

He had additional following membership, strategic, leadership and educational roles:

- Associate Medical Director for 5 Borough's Partnership NHS FT (2009-2012)
- An elected member of Royal College Psychiatrists Child and Adolescent Psychiatry Executive Committee (2015-2019)
- Chief Clinical Informatics Officer for North West Borough's Partnership NHS FT (2015-2021)
- Honorary Senior Lecturer Contract with Edge Hill University (2018-2022)

I am currently member of Manchester Medical Society – Council of Psychiatry (2022-onwards)

Sukru's special interests are liaison psychiatry, eating disorders, service developments, teaching, and clinical informatics.