I was an experienced consultant child and adolescent psychiatrist having worked in in-patient and specialist outpatient CAMHS, focussing on eating disorders and complex psychosomatic presentations. During my career I was involved in local and regional service development initiatives and contributed to the Quality Network for In-patient CAMHS (QNIC), and the Faculty of Eating Disorders Executive Committee at the Royal College of Psychiatrists (RCPsych).

After taking retirement I completed the University of Manchester's taught MSc course in in History of Science Technology and Medicine, and I hope to start my PhD later this year. I remain a member of the RCPsych History of Psychiatry Special Interest Group Executive, and I am part of the editorial board of the Child and Family Public Education Board undertaking a revision of leaflets on CAMH conditions and treatments for children, families, and teachers.